



Embla Guðrúnar Ágústsdóttir

Details

Iceland
+354 8683790
embla@gmail.com

DATE OF BIRTH
12 August 1990

Links

emblan.is

Languages

Icelandic

English

Profile

Performer - dancer - independent scholar in sociology - activist - public speaker

Education

MA, University of Akureyri

2019 — 2023

Research based MA degree in sociology. Research title Pleasure and shame in disabled people's lives: *The impacted of microaggression on gender identity and sexual expression.*

BA, University of Iceland

2012 — 2016

Bachelor in sociology major and gender studies minor. Final thesis titled: Chaos and microaggression in public spaces - the threat of disability to social stability.

BA, Manchester Metropolitan University

2015

Student exchange program, Erasmus+ for 7 months.

Experience

Eden

2024

Created and performed Eden – a devised theatre play that premiered at the '24 Reykjavík Arts Festival. Eden is a queer crip paradise - reimagining the Genesis and challenging binaries such as man/nature, ablebodied/disabled, man/woman.

Performer at Kjallarakabrett

2023 — PRESENT

Regular participant at the weekly cabaret show at the National theater in Iceland.

Dancer at Reykjavík Pride Dance Crew

2023

Was 1 of 6 dancers in the Reykjavik Pride dance crew and performed both at the Pride opening ceremony and at the outdoor stage where the parade landed.

Performer at Borgarleikhúsið

2023

Wrote and performed a solo act on disability and sexuality as part of the show "Safe journey into old wounds". The show is a immersive documentary theater in two parts about the HIV epidemic in Iceland written and directed by Eva Rún Snorradóttir.

Tabú - Feminist Disability Collective

2014 — 2023

Co-founder and spokesperson for the feminist disability collective [Tabú](#)

Guest Lecturer at University's in Iceland

2009 — 2023

Regular guest lecturer at the University of Iceland, University of Akureyri and Iceland University of the arts since 2009 in different subjects like education, rehabilitation, social sciences, medical care and contemporary dance. The lectures are usually theoretical but combined with personal experience of disability and queerness.

Coordinator of personal assistance

2011 — PRESENT

Coordination of my own 24/7 personal assistance service. Supervision of general staffing and payroll for approx. 6 employees per month.

Chairwoman at NPA miðstöðin

2011 — 2014

Center for independent living in Iceland run by and for disabled people.

Selected Publications

Feminism and Psychology

Jóhannsdóttir, Á., & Guðrúnar Ágústsdóttir, E. (2024). Complaining while disabled: Disabled people's experiences expressing complaints within the context of sexuality. *Feminism and Psychology*.

<https://doi.org/10.1177/09593535241265944>

Slater, T., Haraldsdóttir F. & Ágústsdóttir, E. (2018). Becoming intelligible woman: Gender, disability and resistance at the border zone of youth. *Feminism and Psychology*.

<https://doi.org/10.1177/0959353518769947>

Neuroscience and Biobehavioral Psychology

Johannsdottir, A., Agustsdottir, E. & Bjornsdottir, J.B. (2023). Ableism. In Reference Module in Neuroscience and Biobehavioral Psychology.

doi.org/10.1016/B978-0-323-96023-6.00047-6

Awards and nominations

Gríman - The Icelandic Theatre Awards

Nominated as *the dancer of the year* for the performance in the show 'Safe journey into old wounds' showed in the City theater of Reykjavik.

The barrier breakers award by Proskahjálp

Yearly award for a person or group that fights for the right of disabled people.